



Points of interest | Palafrugell

1 Market

Daily fish, meat, fruit and vegetable market from Tuesday to Saturday and a weekly market on Sunday. The town's main commercial area is located around the market and *plaça Nova*.



Opening hours: from 8 a.m. to 1 p.m.

2 Church of Sant Martí

This large building features elements from different eras. The church was built between 993 and 1019. It was restored and expanded at the end of the 16th century and during the 17th century.



3 Cork Museum

Located in the city centre at the former cork factory known as Can Mario, this museum is the biggest of its kind in the world. Many activities are organised every week.



www.museudelsuro.cat

4 Can Mario water tank

Popularly known as the Can Mario tower, the water tank has become an iconic symbol that identifies Palafrugell. In order to visit the tower, first go to the Cork Museum.



www.museudelsuro.cat

Points of interest | Palafrugell

5 Can Mario Museum - Vila Casas Foundation

With around 220 sculptures from the 60s up to today from different artists born or living in Catalonia, this museum hosts different temporary exhibitions every year.



www.fundaciocivillasas.com

6 Josep Pla Foundation

Recognized as one of Catalonia's greatest writers of the 20th Century, today Josep Pla's birthplace houses a permanent exhibition, temporary exhibitions, a private library and a documentation centre.



www.fundaciojoseppla.cat

7 Modest Cuixart Foundation

The former studio of the artist Modest Cuixart houses paintings from all his artistic periods, as well as temporary exhibitions and other activities.



www.fundaciocuixart.com

8 Palafrugell tourist office - Culinary interpretation centre

At Palafrugell Tourist Office, open all year round, you can visit the culinary centre, a space to discover the Empordà region through its cuisine.



www.visitpalafrugell.cat

Points of interest | Calella

9 Calella tourist office and Sa Perola

This building from the late 18th century was formerly used by the fishermen's association to reinforce their twine nets. It now hosts the Calella tourist office and the Interpretation centre of the guild of Saint Peter.



10 Church of Sant Pere

Featuring an eclectic style, the church was built in 1884 and renovated in 1958. The murals are by the painter Raimon Roca, while the side chapels were painted by Antoni Utrillo.



11 The Voltes Archways and Port Bo

The Voltes Archways and Port Bo square and beach are a great example of traditional architecture and one of the most photographed spots in Calella.

Port Bo beach was Palafrugell's natural port and the centre of its business and fishing activity. The Voltes Archways, which date back to the 19th century, were used by fishermen as a shelter to make their nets and chat.



12 The Cap Roig gardens

A spacious area to admire all kinds of Mediterranean vegetation, sculptures, a castle and breath-taking views of the coastline. The gardens are also the stage of the prestigious Cap Roig music festival.



www.fundacionlacaixa.org/ca/jardins-cap-roig

Points of interest | Llafranc

13 Llafranc tourist office



14 Church of Santa Rosa

According to Josep Pla, the Church of Santa Rosa of Lima was dedicated to a summer visitor named Rose who helped contribute to the work. The church was opened in 1897, but its current appearance is due above all to the expansions in 1948 and 1958.



15 Sant Sebastià de la Guarda Historical Site

Apart from the lighthouse, the site features excavations of an Iberian settlement dating from the 6th-1st century BC, a watch tower from the 15th century, a small church built in the 18th an exhibition and an information point. The Sant Sebastià lighthouse is located 165 meters above sea level. It was opened in 1857 and its light reaches 32 nautical miles, making it the most powerful on the Catalan coast.



16 Roman wine press

From its Roman past, Llafranc still conserves the vestiges of what was once a wine press and a cellar very close to the church of Santa Rosa.



17 Dolmen Can Mina dels Torrents

Located in the forest of mount Sant Sebastià, the dolmen is a half hour walk from the beach in Llafranc following the local trails (PR). The site bears witness to the megalithic culture: a polygonal funerary construction with no corridor from around 3000 BCE.



Points of interest | Tamariu

18 Tamariu tourist office



19 Liris Cabin

This cabin was built in 1872 by a group of friends from the cork industry to celebrate feasts.

20 Springboard

Points of interest | Llofriu

21 Bassa Rocas Cultural Centre

This neoclassical style building dates back to 1889 and was the home of the Bassa Rocas family. Joan Bassa was one of the Llofriu residents who emigrated to America to seek his fortune. His wife, Irene Rocas, and their children made notable contributions to Catalan culture. The home was acquired by the Town Hall and served as a primary school.

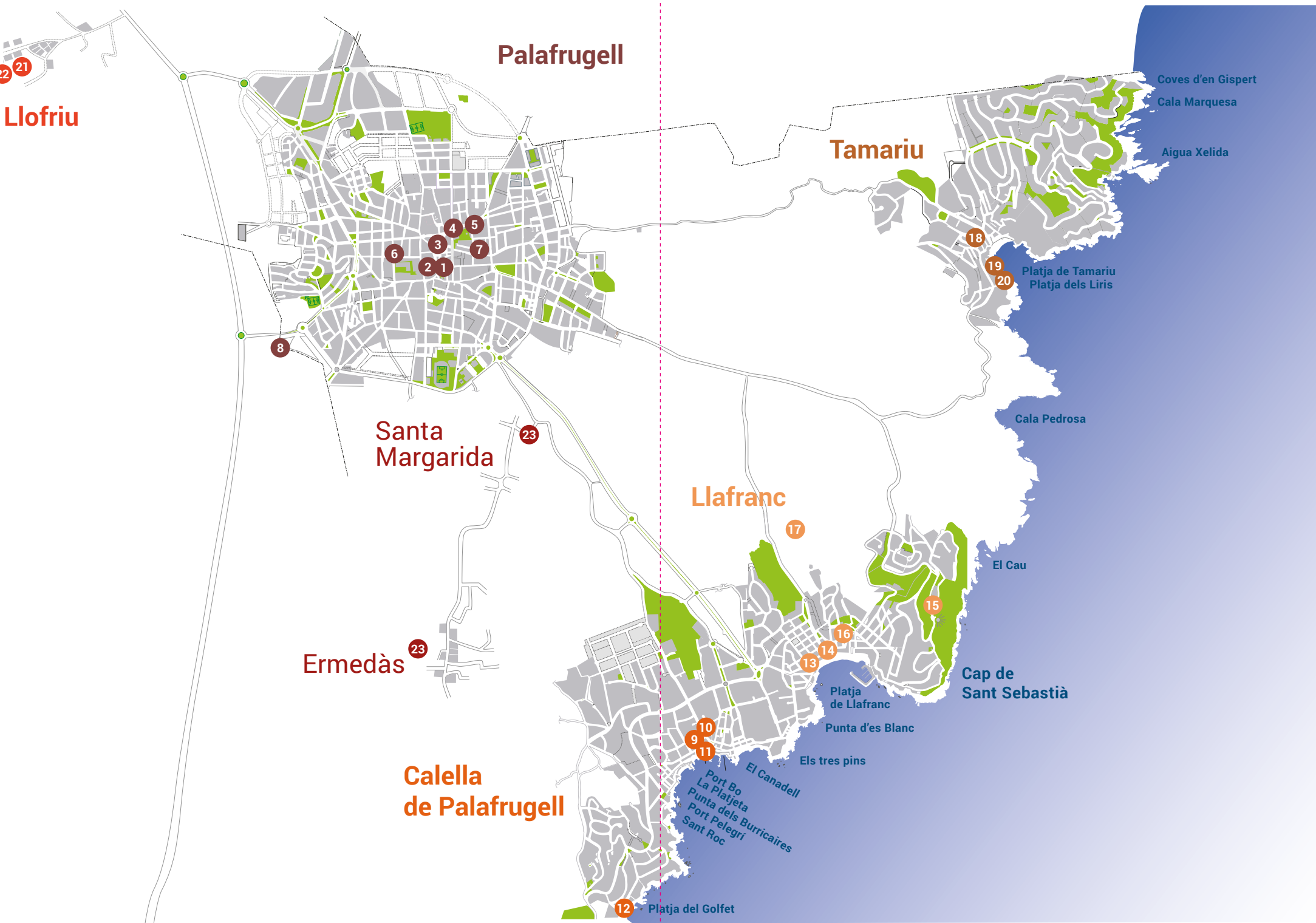


22 Church of Sant Fruitós

The current building is from the mid 18th century, rebuilt on the old Romanesque church, whose first reference dates back to 1121.



23 Neighbourhood of Ermedàs and Santa Margarida



Events		Month by month	Joventuts Musicals summer concerts
La Garoinada		Mid-January to end of March	Classical music concerts at churches and hermitages. July and August
Flors i Violes		Around the 1 st of May	Habaneras singing show in Llafranc 1 st Saturday in August
Festes de Primavera		First weekend in June	Tamariu town festival 15 th August
Traditional boat festival in Calella de Palafrugell		Last weekend in June	Llofriu town festival Next to last weekend in August
Calella town festival		29 th June	Llafranc town festival 30 th August
Habaneras singing show in Calella de Palafrugell		1 st Saturday of July	Habaneras singing show in Tamariu 1 st Saturday in September
Palafrugell town festival		20 th July	Xavier Miserachs photography biennial Every other year (even-numbered years) From August to mid-October
Cap Roig Festival		July and August	Costa Brava Jazz Festival Around 12 th October
			Radikal ocean 52 Open water swimming competition. Around 12 th October
			Es Niu culinary campaign A traditional winter dish from Palafrugell. From October to December
			RE_Palafrugell Event celebrating sustainability: talks, workshops and activities. End of October
			Christmas in Palafrugell Family activities. End of December until the beginning of January

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Paths and beaches | Section 1

Castell - Golfet (Palamós)

1



Slope	Distance	Difficulty	Lenght approx.
200 m	5,5 km		1h 45 min

Beaches



Paths and beaches | Section 4

Llafranc - Tamaríu

4



Slope	Distance	Difficulty	Lenght approx.
140 m	5,5 km		2 h 15 min

Beaches



Paths and beaches | Section 2

Golfet - Port Bo

2



Slope	Distance	Difficulty	Lenght approx.
25 m	1,5 km		0 h 35 min

Beaches



Paths and beaches | Section 3

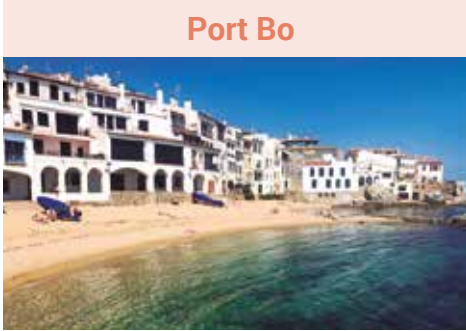
Port Bo - Llafranc

3



Slope	Distance	Difficulty	Lenght approx.
35 m	1,5 km		0 h 25 min

Beaches



Paths and beaches | Section 5

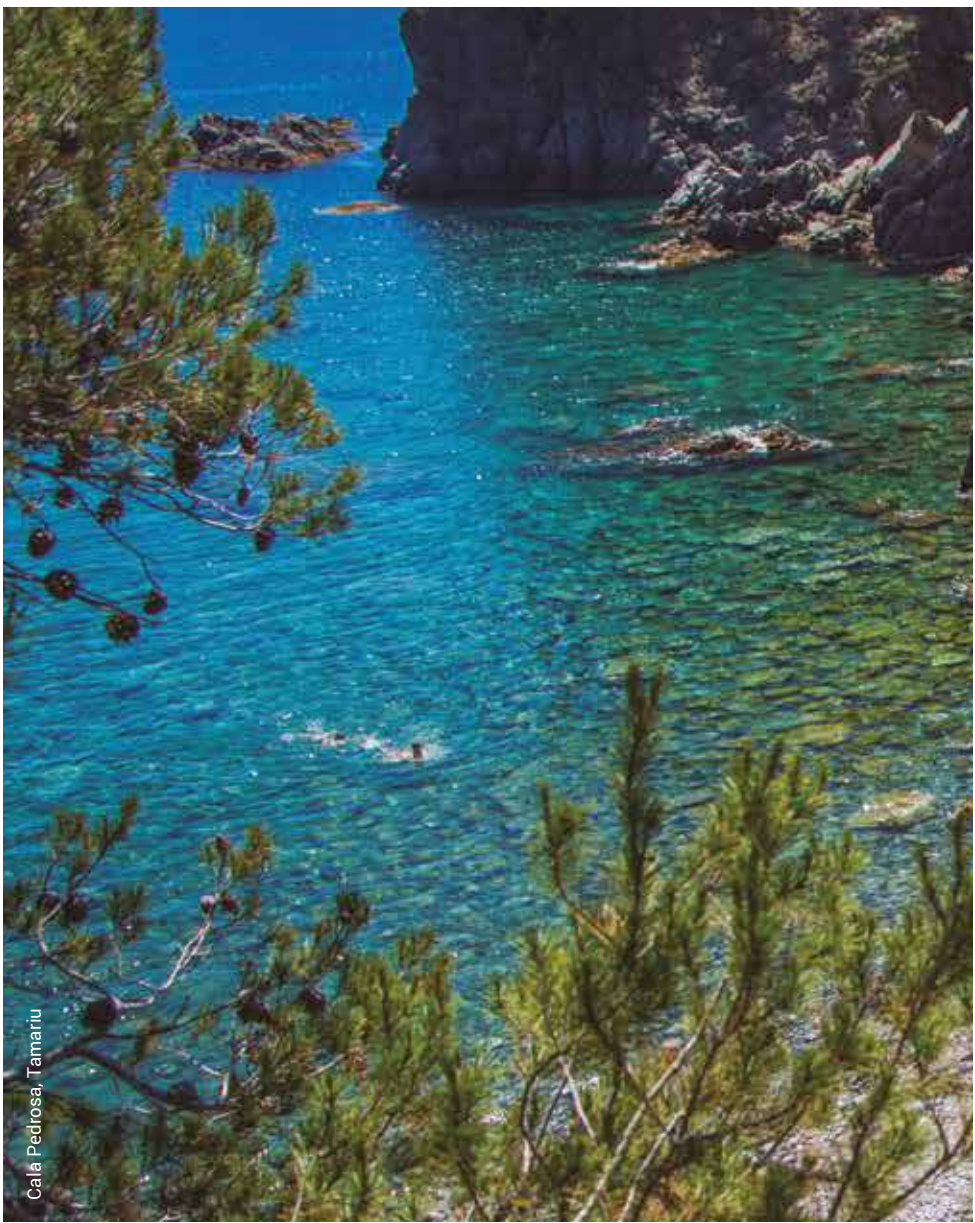
Tamaríu - Aigua Xelida

5



Slope	Distance	Difficulty	Lenght approx.
80 m	3 km		1 h

Beaches



Shower	Accesible	Easy access	Difficult access
Bar Restaurant	Fine sand	Coarse sand	Pebbles