



Points of interest | Palafrugell

1 Market

Daily fish, meat, fruit and vegetable market from Tuesday to Saturday and a weekly market on Sunday. The town's main commercial area is located around the market and *plaça Nova*.

Opening hours: from 8 to 13 h

2 Church of Saint Martin

This large building features elements from different eras. The church was built between 993 and 1019. It was restored and expanded at the end of the 16th century and during the 17th century.

3 Cork Museum

Located in the city centre at the former cork factory known as Can Mario, this museum is the biggest of its kind in the world. Many activities are organised every week.

www.museudelsuro.cat

4 Can Mario water tank

Popularly known as the Can Mario tower, the water tank has become an iconic symbol that identifies Palafrugell. In order to visit the tower, first go to the Cork Museum.

www.museudelsuro.cat



Points of interest | Palafrugell

5 Can Mario Museum - Vila Casas Foundation

With around 220 sculptures from the 60s up to today from different artists born or living in Catalonia, this museum hosts different temporary exhibitions every year.

www.fundaciovicillasas.com

6 Josep Pla Foundation

Recognized as one of Catalonia's greatest writers of the 20th Century, today Josep Pla's birthplace houses a permanent exhibition, temporary exhibitions, a private library and a documentation centre.

www.fundaciojoseppla.cat

7 Modest Cuixart Foundation

The former studio of the artist Modest Cuixart houses paintings from all his artistic periods, as well as temporary exhibitions and other activities. The Foundation is open for visits on Sunday from 10 am until 1 pm or upon reservation.

www.fundaciocuixart.com

8 Palafrugell tourist office - Culinary interpretation centre

At the Palafrugell tourism office, open all year round, you can visit the culinary centre, a space to discover the Empordà region through its cuisine.

www.visitpalafrugell.cat



Points of interest | Calella

9 Calella tourist office and Sa Perola

This building from the late 18th century was formerly used by the fishermen's association to reinforce their twine nets. It now hosts the Calella tourist office and the interpretation centre of the guild of Saint Peter.

10 Church of Saint Peter

Featuring an eclectic style, the church was built in 1884 and renovated in 1958. The murals are by the painter Raimon Roca, while the side chapels were painted by Antoni Utrillo.

11 The Voltes Archways and Port Bo

The Voltes Archways and Port Bo square and beach are a great example of traditional architecture and one of the most photographed spots in Calella.

Port Bo beach was Palafrugell's natural port and the centre of its business and fishing activity. The Voltes Archways, which date back to the 19th century, were used by fishermen as a shelter to make their nets and chat.

12 Cap Roig botanical gardens

A spacious area to admire all kinds of Mediterranean vegetation, sculptures, a castle and breath-taking views of the coastline. The gardens are also the stage of the prestigious Cap Roig music festival.

www.fundacionlacaixa.org/ca/jardins-cap-roig



Points of interest | Llafranc

13 Llafranc tourist office

14 Church of Saint Rose

According to Josep Pla, the church of Saint Rose of Lima was dedicated to a summer visitor named Rose who helped contribute to the work. The church was opened in 1897, but its current appearance is due above all to the expansions in 1948 and 1958.

15 Sant Sebastià de la Guarda Historical Site

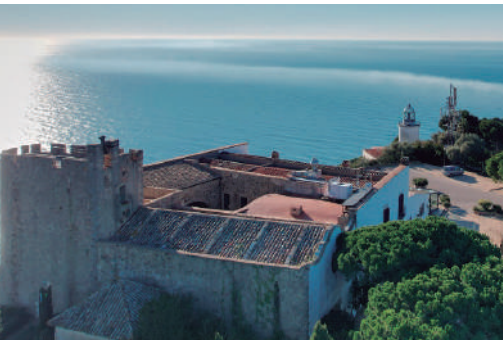
Apart from the lighthouse, the site features excavations of an Iberian settlement dating from the 6th-1st century BC, a watch tower from the 15th century, a small church built in the 18th an exhibition and an information point. The Sant Sebastià lighthouse is located 165 meters above sea level. It was opened in 1857 and its light reaches 32 nautical miles, making it the most powerful on the Catalan coast.

16 Roman wine press

From its Roman past, Llafranc still conserves the vestiges of what was once a wine press and a cellar very close to the church of Saint Rose.

17 Dolmen in Can Mina dels Torrents

Located in the forest of mount St. Sebastià, the dolmen is a half hour walk from the beach in Llafranc following the local trails (PR). The site bears witness to the megalithic culture: a polygonal funerary construction with no corridor from around 3000 BCE.



Points of interest | Tamariu

18 Tamariu tourist office

19 Liris Cabin

This cabin was built in 1872 by a group of friends from the cork industry to celebrate feasts.

20 El trampoli

Points of interest | Llofriu

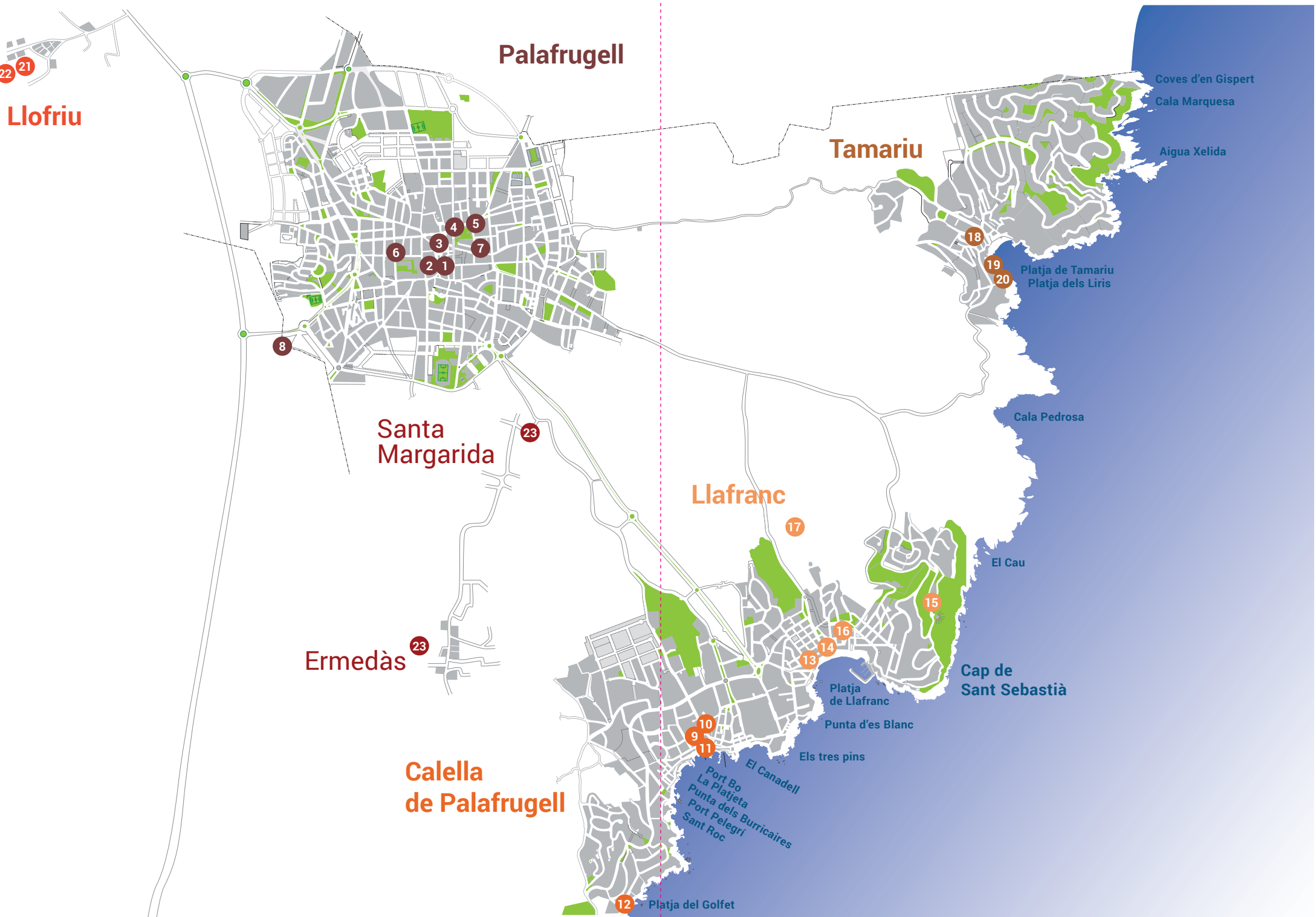
21 Bassa Rocas Cultural Centre

This neoclassical style building dates back to 1889 and was the home of the Bassa Rocas family. Joan Bassa was one of the Llofriu residents who emigrated to America to seek his fortune. His wife, Irene Rocas, and their children made notable contributions to Catalan culture. The home was acquired by the Town Hall and served as a primary school.

22 Church of Saint Fructus

The current building is from the mid 18th century, rebuilt on the old Romanesque church, whose first reference dates back to 1121.

23 Residents of Ermedàs and Santa Margarida



Events

Month by month

La Garoinada

Sea urchin culinary campaign.
Mid-January to end of March

Flors i Violes

A festival to welcome springtime with music, scenic and plastic arts and cuisine.
Around the 1st of May

Sopars Cantats Pere Bahí

Traditional dinners accompanied by tavern songs.
Weekends in May

Festes de Primavera

Springtime town festival with a parade and activities for all audiences.
First weekend in June

Traditional boat festival in Calella de Palafrugell

Last weekend in June

Calella town festival

29th June

Habaneras singing show in Calella de Palafrugell

1st Saturday of July

Palafrugell town festival

20th July

Cap Roig Festival

Music and dance in an unrivalled landscape.
July and August

Jovenuts Musicals summer concerts

Classical music concerts at churches and hermitages.
July and August

Habaneras singing show in Llafranc

1st Saturday in August

Tamariu town festival

15th August

Llofriu town festival

Next to last weekend in August

Llafranc town festival

30th August

Habaneras singing show in Tamariu

1st Saturday in September

Xavier Miserachs photography biennial

Every other year (even-numbered years)
From August to mid-October

Costa Brava Jazz Festival

Around 12th October

Radikal ocean 52

Open water swimming competition.
Around 12th October

Es Niu culinary campaign

A traditional winter dish from Palafrugell.
From October to December

RE_Palafrugell

Event celebrating sustainability: talks, workshops and activities.
End of October

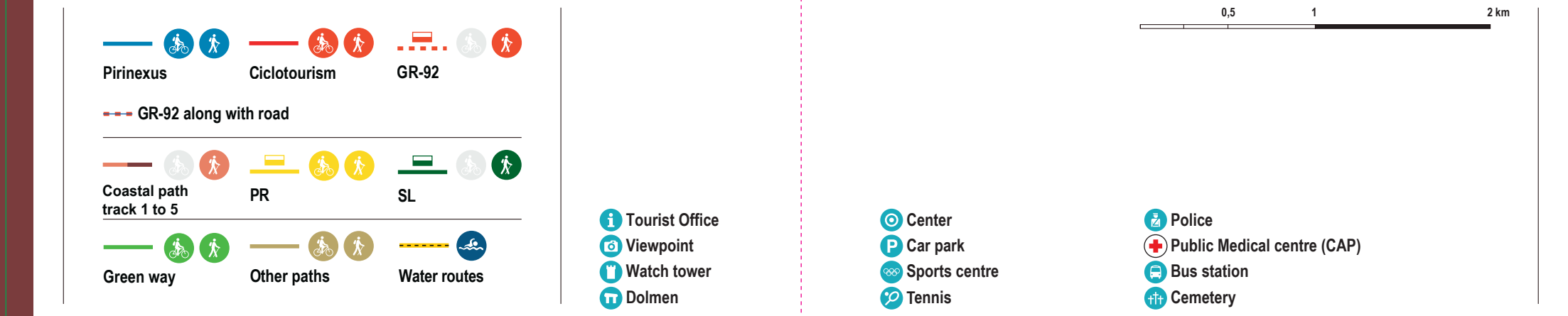
Christmas in Palafrugell

Family activities.
End of December until the beginning of January

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17200 Palafrugell
turisme@palafrugell.cat
+ 34 972 30 02 28

@visitapalafrugell
visitapalafrugell.cat





Paths and beaches | Section 1

Castell - Golfet (Palamós)

1



Characteristics

Slope	Distance	Difficulty	Lenght approx.
200 m	5,5 km		1h 45 min

Beaches

Castell (Palamós)



Cala Estreta (Palamós)



El Crit (Mont-ras)



Cala del Golfet



Paths and beaches | Section 2

Golfet - Port Bo

2



Characteristics

Slope	Distance	Difficulty	Lenght approx.
25 m	1,5 km		0 h 35 min

Beaches

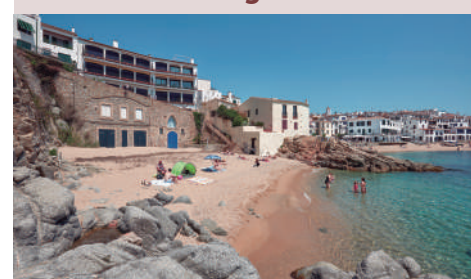
Sant Roc



Port Pelegrí



Platgeta



Port d'en Calau



Paths and beaches | Section 3

Port Bo - Llafranc

3



Characteristics

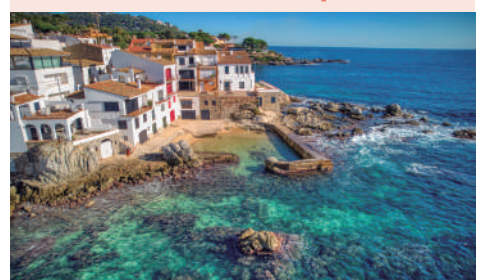
Slope	Distance	Difficulty	Lenght approx.
35 m	1,5 km		0 h 25 min

Beaches

Port Bo



Port de Malaespina



El Canadell / Els Canyissos



Paths and beaches | Section 4

Llafranc - Tamaríu

4



Characteristics

Slope	Distance	Difficulty	Lenght approx.
140 m	5,5 km		2 h 15 min

Beaches

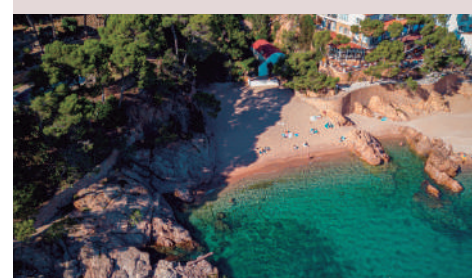
Llafranc



Cala Pedrosa



Els Liris



Paths and beaches | Section 5

Tamaríu - Aigua Xelida

5



Characteristics

Slope	Distance	Difficulty	Lenght approx.
80 m	3 km		1 h

Beaches

Tamaríu



Aigua Dolça



Aigua Xelida

