

## MONTH BY MONTH

### JANUARY

- Welcome to the first sun of the year. (1st). At the emblematic viewpoint of Sant Sebastià.
- La Garoinada. Sea urchins' gastronomic campaign. garoinada.cat

### FEBRUARY

- La Garoinada. Sea urchins' gastronomic campaign. garoinada.cat

### MARCH

- La Garoinada. Sea urchins' gastronomic campaign. garoinada.cat
- Vot de la vila (Easter Monday).

### APRIL

- Saint Jordi in Palafrugell (23rd). Saint George's day; roses, books and continuous reading of Josep Pla's works. palafrugellcultura.cat

### MAY

- Flors i violes (around the 1st of May). Party welcoming Spring and nice weather. Music, flowers, scenic and plastic arts and gastronomy. florsivioles.cat
- Marcha de la garoina. 20 km walk around unspoilt beaches of the area. aepalafrugell.org
- Festes de primavera Spring festival (7 weeks after Easter). Spring town festival first celebrated in 1962. The main activity is the "Carroussel Costa Brava", a parade that takes place on Sunday.

### JUNE

- Traditional boats meeting in Calella de Palafrugell (last weekend of June). calelladepalafrugell.cat
- Calella's town festival (29th, Saint Peter). calelladepalafrugell.cat

### JULY

- Habaneras singing show in Calella de Palafrugell (1st Saturday). havanerescalella.cat
- Palafrugell's town festival (20th, Sainte Margareth). Many activities for all publics. palafrugellcultura.cat
- Cap Roig Festival. One of the most appreciated music festivals in our country, which takes place in the botanical Gardens of Cap Roig. caproigfestival.cat

visitpalafrugell.cat

### -Joventuts Musicals Summer Concerts.

Classical music concerts at churches and hermitages. joventutsmusicals.cat/palafrugell

### AUGUST

- Habaneras singing show in Llafranc (1st Saturday).
- Music Festivals (Cap Roig and summer festivals).
- Tamariu's town festival (15th).
- Llofriu's town festival (penultimate weekend of the month).
- Llafranc's town festival (30th, Sainte Rose).

### SEPTEMBER

- Habaneras singing show in Tamariu (1st Saturday).
- Mercat boig crazy market (1st Saturday).
- Catalonia's National Day (11th). Cultural and commemorative acts. palafrugellcultura.cat
- Xavier Miserachs Photography biennial. (2020-2022...) biennalxmiserachs.org

### OCTOBER

- Xavier Miserachs Photography biennial. (2020-2022...) biennalxmiserachs.org
- Jazz Festival Costa Brava. Jazz concerts in different town venues, as well as in bars and restaurants (Off festival). palafrugellcultura.cat
- Es Niu gastronomic campaign. A very old winter dish created in Palafrugell. garoinada.cat/es-niu

### NOVEMBER

- Saint Martin Fest (11th). Palafrugell's patron saint. Special mass. palafrugellcultura.cat

### DECEMBER

- Christmas in Palafrugell and the Ice rink. Christmas events, activities for all ages and ice rink.



Publisher: Institut de Promoció Econòmica de Palafrugell - www.ipep.cat  
Graphic design: Gràfic Art Studio - www.graficartstudio.cat  
Photography: IPEP's photo bank  
Legal deposit: GI-712-2016

# DISCOVER PALAFRUGELL Calella Llafranc Tamariu



Visit PALAFRUGELL.cat  
CALELLA • LLAFRANC • TAMARIU  
T. 00 34 972 30 02 28  
www.visitpalafrugell.cat



## EXCURSIONS

- Kayak
- Via brava
- Bike
- GR-92 / Coastal path

## ESSENTIALS

- 1 - Market and Plaça Nova
- 2 - Llafranc
- 3 - St. Sebastià
- 4 - Port Bo
- 5 - El Golfet
- 6 - Tamariu
- 7 - Aigua Xelida
- 8 - Llofriu
- 9 - Ermedàs
- 10 - Cap Roig Botanical Gardens
- 11 - Gastronomy Interpretation Centre
- 12 - Dolmen de Can Mina dels Torrents
- 13 - Pressoir Romain
- 1 - Palafrugell market
- 2 - Palafrugell Cork's Museum
- 3 - Interpretation Center of Can Mario's Catalan modernism style Water Tank
- 4 - Vila Casas Foundation - Contemporary Sculpture Museum of Can Mario
- 5 - Cuixart Foundation
- 6 - Josep Pla Foundation
- 7 - Les Volles
- 8 - Sa Perola
- 9 - Visitor Center Mount St. Sebastian
- 10 - Cap Roig Botanical Gardens
- 11 - Gastronomy Interpretation Centre
- 12 - Dolmen de Can Mina dels Torrents
- 13 - Pressoir Romain

## CULTURE AND HERITAGE

- 1 - Sant Sebastià cape
- 2 - Can Mario tower
- 3 - The Burricaires headland
- 4 - Carles Sentís viewpoint
- 5 - Tamariu's trampoline
- 6 - Aigua Xelida viewpoint

## WONDERFUL VIEWS

- 1 - Sant Sebastià cape
- 2 - Can Mario tower
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## WONDERFUL VIEWS



**1 - Sant Sebastià Cape:** the highest and most emblematic spot of our town thanks to its fantastic views. From the venue next to the lighthouse you can see Llafranc's bay, Calella's coves and Cap Roig and you can get even wilder views from the other side of the cliff.



**3 - The Burricaires headland:** located between Port Pelegrí and la Platgeta beaches in Calella.



**5- Tamariu's trampoline:** located on the rocks next to Liris cove, on the right of Tamariu beach.



**2 - Can Mario tower:** located at the square that gives its name in the centre of Palafrugell, this is one of the town emblems. Climb the 182 steps that will take you 35 meters up to impressive views of the whole town and its surroundings. You should go first to the Cork Museum for visiting it.



**4 - Carles Sentís viewpoint:** in front of the Hotel La Torre in Calella.



**6 - Aigua Xelida viewpoint:** located in the street of Sa Roncadora in Tamariu.



## EXCURSIONS

**Cami de ronda (Coastal path):** the most popular stretch is the one that goes from **Llafranc** to the picturesque **Port Bo** beach in Calella; it is a 20 minutes walk with some stairs but no difficulty. For a longer route, you can follow the GR-92 to the south and in around 40 minutes you should reach the last and probably prettiest beach in Calella: **El Golfet**. You can also walk from **Tamariu** to **Sant Sebastià Cape**: For this stretch you should count around 1h30 and wear proper shoes.

**Bike:** the most popular path for its ease is the green way called El Tren Petit, which links Palafrugell and Mont-ras to Palamós and Castell beach. It's a very flat 6 km path, ideal for kids. **Llofriú** and **Ermedas** rural towns are also reachable by bike, just a few kilometres from Palafrugell. You can find all the routes to walk and/or cycle at our paths map, available at [visitpalafrugell.cat](http://visitpalafrugell.cat) and Tourist Offices.

**Via brava:** sea swimming lanes that link some of our beaches.

**Calella - Llafranc:** it starts opposite the Hotel La Torre in Calella and finishes in Llafranc beach. 1 km.

**Tamariu - Aigua Xelida:** it starts at Tamariu's pier and arrives to Aigua Xelida beach. 1,2 km.

**Kayak:** from the three places from where you can rent kayaks in summer, we recommend you different itineraries:

**Calella:** from el Canadell, south to the Golfet beach. It takes 1h. Tel. +34 972 30 17 48 - [touristservice.es](http://touristservice.es)

**Llafranc:** from Llafranc's harbour, north to El Cau. It takes 90 min. Tel. +34 972 30 17 48 - [touristservice.es](http://touristservice.es)

**Tamariu:** from Tamariu beach, north to Gispert's cave and **Aigua Xelida**. It takes around 4 h.

Tel. +34 972 77 38 06 - [kayakingcostabrava.com](http://kayakingcostabrava.com)

**Julivia bus:** discover our tourist and cultural resources in a practical way.

**Boat:** you can rent a boat, with or without license, or let yourselves be driven away.

**Calella:** from the pier in Port Bo beach we suggest you to go to la banyera de la russa (The Russian's bath), under the botanical gardens of Cap Roig and go around Illes *Formigues* (ant islands) on your way back.

T. +34 635 66 12 55 - [maritimesmet.com](http://maritimesmet.com) | Tel. 972 61 57 20 - Boyas Ramon

**Llafranc:** since it is located in the middle of our coastline,

both north or south will be a good option.

Tel. +34 972 61 15 48 - [llafrancboats.com](http://llafrancboats.com)

**Tamariu:** Aigua Xelida, Cala Marquesa, Gispert's cave and Begur coves are quickly reachable by boat from Tamariu beach.

Tel. +34 647 41 91 25 - [pacoboats.com](http://pacoboats.com)

**Scuba diving:** excursions to Ullastres reefs, the wreck Boreas, Tamariu canyons, *Formigues* islands... Courses and snorkelling from the three beaches:

**Calella:** Port Pelegrí beach Tel. +34 972 61 53 45 - [poseidoncalella.com](http://poseidoncalella.com)

**Llafranc:** Tel. +34 620 530 036 - [tritonllafranc.com](http://tritonllafranc.com) | Tel. +34 666 32 39 74 - [barracudallafranc.com](http://barracudallafranc.com) | Tel. +34 972 30 27 16 - [snorkel.net](http://snorkel.net)

**Tamariu:** Tel. +34 972 62 00 35 - [stollis-divebase.eu](http://stollis-divebase.eu)

**julivia**  
bus turística  
From July to September

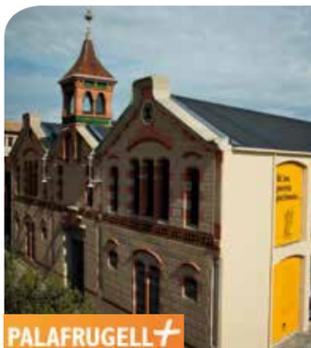
+ Info: +34 972 30 02 28  
[visitpalafrugell.cat](http://visitpalafrugell.cat)



## CULTURE AND HERITAGE



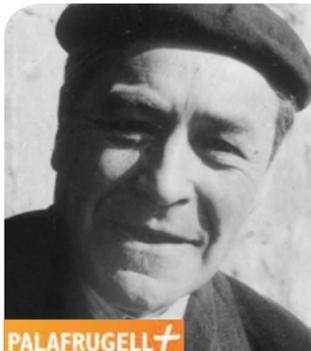
**1 - Palafrugell market:** fruits and vegetables from Tuesday to Saturday and weekly market on Sunday. The main commercial area in the town is around the market and **Plaça Nova** (the main square). Timetable: from 8 to 13 h.



**2 - Palafrugell Cork's Museum:** located in the city centre, at the former cork factory called Can Mario, it is the biggest museum of its kind in the world. Many activities are organised every week. Tel. +34 972 30 78 25 [museudelsuro.cat](http://museudelsuro.cat)



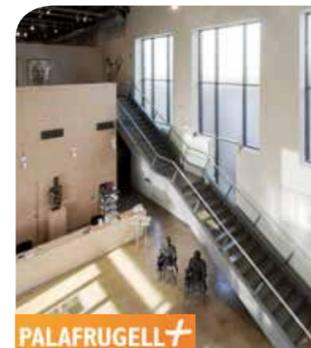
**5 - Cuixart Foundation:** the former studio of the artist Modest Cuixart, located next to Can Mario square, with paintings from all his artistic stages, can be visited upon reservation. Tel. +34 619 85 78 59 [fundaciocuixart.com](http://fundaciocuixart.com)



**6 - Josep Pla Foundation:** recognized as one of our greatest national writers of the 20th Century, Josep Pla's birthplace today houses a permanent exhibition, temporary exhibitions, a private library and a documentation centre. Tel. +34 972 30 55 77 [fundaciojoseppla.cat](http://fundaciojoseppla.cat)



**3 - Interpretation Center of Can Mario's Catalan modernism style Water Tank:** in the same area, and popularly known as Can Mario tower, it has become an identifying symbol of Palafrugell. You should go first to the Cork Museum for visiting it. Tel. 972 30 78 25 [museudelsuro.cat](http://museudelsuro.cat)



**4 - Vila Casas Foundation - Contemporary Sculpture Museum of Can Mario:** with around 220 sculptures from the 60's until our days from different artists born or living in Catalonia, this museum hosts different temporary exhibitions every year. Tel. +34 972 30 62 46 [fundaciovicillasas.com](http://fundaciovicillasas.com)



**7 - Les Voltes:** from the XIXth century, situated between the caves Port Bo and Calau, they were used by the fishermen of Calella as a shelter.



**8 - Sa Perola:** a building from the late 18th century, located behind Port Bo square; formerly used by the fishermen's association to reinforce their cotton nets. Presently it hosts Calella's tourist office and the Interpretation Center of the guild of Sant Pere. Tel. +34 972 61 44 75 [visitpalafrugell.cat](http://visitpalafrugell.cat)



**9 - The Monumental ensemble of Sant Sebastià de la Guarda: (Iberian settlement, Visitor Center Mount St. Sebastià, church, lighthouse and viewpoints)** Besides the lighthouse, here you can find the excavations of an Iberian settlement dating from the 6th century BC and the 1st century BC, a watch tower from the 15th century, a small church built in the 18th century and made an information booth and exhibition. Sant Sebastià lighthouse is located 165 meters above sea level and opened in 1857, its light reaches 32 nautical miles, making it the most powerful lighthouse of the Catalan coast. Tel. 972 30 78 25 [museudelsuro.cat](http://museudelsuro.cat)



**10 - Cap Roig Botanical Gardens:** it is a spacious outdoors area where it is possible to admire all kinds of Mediterranean vegetation, sculptures, a castle and a breathtaking view of the coastline. The gardens are also the scenario of the main music festival of la Costa Brava. Tel. +34 972 61 45 82 [obrasociallacaixa.org/es/centros/jardines-de-cap-roig/informacion-general](http://obrasociallacaixa.org/es/centros/jardines-de-cap-roig/informacion-general)



**11 - Gastronomy Interpretation Centre:** shows you how gastronomy has evolved throughout history, the evolution of tourism in the Empordànet with audio-visuals and everything you need to know on the gastronomic campaigns, recipes, markets, etc. on interactive panels and also the main products of Catalonia. Tel. 972 30 02 28 [visitpalafrugell.cat](http://visitpalafrugell.cat)